



# Freeslides Tube SPU User Instructions

## Safety Instructions

- Freeslides are designed for lateral transfers and positioning, they are “not” designed to lift patients in any situation.
- Identify if one or two staff members will be needed for this task.
- Maintain proper ergonomics. Raise or lower bed to allow you to stand up straight during transfer.
- When task allows, use bed rails, and always lock the wheels on all devices prior to transfer.
- After all transfers, remove the Freeslide and immediately store in proper location to prevent injury.

## Warning

Only personnel, who are trained in the product’s use, should use the Freeslides. Have a clear understanding of the user manual before use. Assess the patient before each use, insure you have the correct amount of staff and the patient can be safely positioned or transferred.

## Maintenance and Care

Inspect before and after each use. Discard immediately if it has been laundered, seams are separating, or if there are any tears. This product is single patient use only, do not use on multiple patients. It can used repeatedly with the same patient and wiped down after each use.

## EN ISO 10535

Freeslides is manufactured to EN ISO 10535 standard and has been tested by an accredited testing institute.

If you have any questions or if you are unclear about something, contact the manufacturer or the supplier.

# Freeslides Tube User Instructions

## Lateral Transfers

### 1. Tube Placement

The tube will be placed between the patient and the draw sheet during this task.

#### Option 1:

- a. Fold the slide tube in half. Roll the patient onto their side and push the sheet underneath the shoulders and hips.



#### Option 2:

- a. Fold the tube in 12-inch sections then place the folded tube under the patient's feet and calves with the fold facing down towards the mattress.
- b. With one staff member on each side, work in unison, use one hand to grab the bottom part of the tube.
- c. Use the other hand as resistance by grabbing hold of the top of the tube then roll the tube underneath itself until you reach the top of the patient.



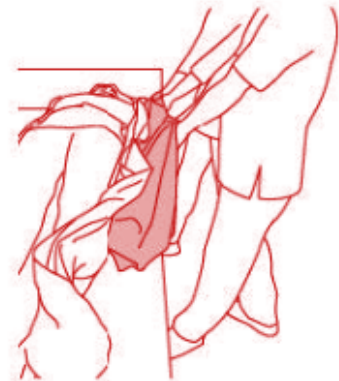
### 2. Transfer:

Coordinate a sliding motion towards the desired position:

Option 1: One staff member should be moving the legs, while the other staff member pulls the draw sheet.

Option 2: When able, the legs may be moved first allowing the 2<sup>nd</sup> staff member on the opposite side of the bed to push the patient's shoulder and hip. If not able to move the legs first and a 3<sup>rd</sup> staff member is present, they may assist with the legs.

Option 3: When there is not availability to work on the opposite side of the bed, staff can work on the same side of the bed.



### 3. Removal:

Roll the tube under itself by grabbing the bottom of the tube, not the top. Next, cautiously pull the tube, the tube will roll under itself. Never leave a tube under a patient after transfer.



# Freeslides Tube User Instructions

## Boosting up in bed

### 1. Tube placement

The tube will be placed between the patient and the draw sheet during this task.



Option 1:

a. Fold the slide sheet in half. Make sure that the open ends are towards each side of the bed

b. Roll the person onto their side. Put the slide tube underneath the shoulders and buttocks.



Option 2:

a. Fold the tube in 12 inch sections then placing the folded tube under the patient's feet and calves with the fold facing down towards the mattress.

b. With one staff member on each side, work in unison, use one hand to grab the bottom part of the tube.

c. Use the other hand as resistance by grabbing hold of the top of the tube then roll the tube underneath itself until you reach the top of the patient.



### Transfer:

2. If the patient can assist, have them bend their knees with their feet off the tube. If the patient is unable and the slide tube is not long enough to be under their feet, a second tube may need to be placed under their feet.

3. With one staff member on each side of the bed, grasp the draw sheet at the shoulder and lower back and slide them up the bed.



### 3. Removal:

Roll the tube under itself by grabbing the bottom of the tube, not the top. Next, cautiously pull the tube, the tube will roll under itself. Never leave a tube under a patient after transfer.

